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Author's Message

We are living in a very compelling age. The shift of the ages is about the inclusive empowerment of humanity. Each of us brings a unique perspective to the blossoming of consciousness. As we evolve through the awareness of love, the soul's desire is to live fully present, in the heart. As humanity engages with the energies of the new Earth, a vast and expansive movement is emerging. I wrote this book as a handbook and guide for those who are waking up one heart at a time. We are consciousness in human form.

Eventually, humanity will experience its non-self and know instantly who it is—
multidimensional beings intertwined with human form

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