+ or - in Depth of the Gum Pockets Around Swaha's Teeth Inn 'mm' Since Using a Rubber Tipped Tool to Massage Ormus Navapashanam Elixir into the Gums Around the Teeth

Facial									Lingual							
Nov 16 2010	July 11 2011	Aug 2 2012	Aug 14 2013	**Jan 2014**			**+ or – in mm**	#	Nov 16 2010	July 11 2011	Aug 2 2012	Aug 14 2013	**Jan 2014**			**+ or – n mm**
			+1 -29									+7 -12				
3-3-4			3-2-3				-1,-1	1	4-2-4			3-2-3				-1,-1
3-2-4			3-2-3				-1	3	3-2-4			3-2-3				
3-2-4			2-2-2				-1,-1	4	4-2-3			3-2-3				-1
4-2-3			2-2-2				-2,-1	5	4-2-4			3-2-3				-1,-1
2-2-3			2-2-2				-1	6	3-2-2			2-2-2				-1
2-2-2			2-2-2				-	7	2-2-2			2-2-2				-
2-2-2			2-2-2				-	8	2-2-3			2-2-3				-
2-2-3			2-2-2				-1	9	3-2-2			2-2-2				-1
3-2-2			2-2-2				-1	10	2-2-3			2-2-2				-1
2-2-3			2-2-2				-1	11	2-2-2			2-2-2				-
3-2-3			3-2-3				-	12	3-2-3			3-2-3				-
4-2-3			2-2-3				-2	13	3-2-3			3-2-3				-
3-3-4			3-2-3				-1,-1	14	3-2-3			4-3-3				+1,+1
3-3-4			3-2-3				-1,-1	15	3-2-4			3-2-3				-1
4-3-4			3-2-3				-1,-1,-1	16	4-2-4			3-2-4				-1
4-3-4			3-3-4				-1	17	3-3-4			4-3-4				+1
4-3-4			3-3-3				-1,-1	18	3-3-3			4-3-4				+1,+1
3-3-4			3-3-4				-	19	3-3-3			3-3-3				-
3-2-3			3-2-3				-	20	3-2-3			3-2-3				-
3-2-3			3-2-3				-	21	3-2-3			3-2-3				-
2-2-2			2-2-2				-	22	2-2-2			2-2-2				-
2-2-2			2-2-2				-	23	2-2-2			2-2-2				-
2-2-2			2-2-2				-	24	2-2-2			2-2-2				-
2-2-2			2-2-2				-	25	2-2-2			2-2-2				-
2-2-2			2-2-2				-	26	2-2-2			2-2-2				-
3-2-3			3-2-2				-1	27	3-2-2			2-2-2				-1
3-2-3			3-2-3					28	3-2-3			3-2-3				-
3-2-3			3-2-3					29	4-2-3			3-2-3				-1
3-2-3			3-3-3				+1	30	4-2-4			4-3-3				+1
4-4-4			3-3-3				1,-1,-1	31	4-2-4			4-3-4				+1
4-3-4			4-3-3				-1	32	4-3-4			4-3-4				-